



## Love the Life You re Living: A Beginner s Guide to Awakening and Personal Transformation (Paperback)

By Phd Bryan Arndt, Bryan Arndt Phd

Balboa Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.There is nothing you need, for all will be provided, when you are in love with the life you are living. And when I say life, I mean your life. You did not arrive on this planet to live someone else s life, nor did you arrive on this planet to live in someone else s shadow. You and your life matter; you are not to be controlled or manipulated by anyone at any time into believing that you do not. I encourage you to always believe in the following statement and to say it as an affirmation: This is my life. I am here to live and love my life, my way. My intention and the intention of this book is this: to gently guide and encourage you to enrich your life regardless of your age (the younger in adulthood the better). First, you will work through a series of positive life-affirming self-assessments (aka, a series of steps) in Part One: Look into the Mirror. Second, in Part Two: Beauty Surrounds You, you will continue to...



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