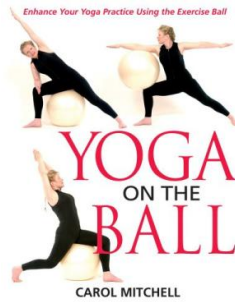


## Yoga on the Ball: Enhance Your Yoga Practice Using the Exercise Ball



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