



Chakra Illumination: A Musical Journey

By David Ison

SOUNDS TRUE INC, United States, 2012. CD-Audio. Book Condition: New. abridged edition. 145 x 132 mm. Language: English . Brand New. A Music-Based Meditation System to Activate Your Full Energetic Spiritual Potential Every dimension of you arises from the music of the spheres -the cosmic symphony of pure energetic vibration. First revealed by ancient mystics, the healing effects of sound are familiar to those who've used David Ison's medically proven therapeutic music. Now, with Chakra Illumination, this acclaimed composer and teacher invites you to begin a practice for awakening your full spiritual potential. Join David to learn how the sacred geometries and harmonics of his intentional music activate deep receptivity, gratitude, and illumination at every level-physical, energetic, and spiritual. Then, experience these benefits directly, via two powerful new musical journeys: Harmonizer Level One guides your breathing and consciousness to amplify the specific frequencies-the generative essences-of each of your chakras. Harmonizer Level Two brings your seven energy centers into full integration and attuned resonance-empowering you to choose and act from your highest potential. Designed to make meditation pleasurable (and virtually effortless), Chakra Illumination works as a complete daily practice, as a boost to your current spiritual path, or simply as a rejuvenating listening...



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Reviews

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