



## The Therapeutic Relationship Handbook: Theory and Practice

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By Divine Charura, Stephen Paul

Open University Press. Paperback. Book Condition: new. BRAND NEW, The Therapeutic Relationship Handbook: Theory and Practice, Divine Charura, Stephen Paul, Practitioners across many counselling approaches acknowledge that the therapeutic relationship is central to therapy and its outcomes. This book argues that the therapeutic relationship cannot be reduced to particular words or therapeutic skills, but is a relationship encounter that promotes dialogue, contact and process. In each chapter, experts in different fields interpret the therapeutic relationship through the lens of their own modality, offering: Summaries of the key theoretical and research bases Example case studies of therapeutic interventions that illuminate key relational components of the approach and the development and management of the therapeutic relationship Study of the limitations, challenges and complexities of maintaining a therapeutic relationship Exploration of new developments in working with clients - capturing work that the authors and other colleagues have been involved in developing in that area The Therapeutic Relationship Handbook is a broad ranging guide for students as well as both new and experienced practitioners. Divine Charura is a Senior Lecturer in Counselling and Psychotherapy at Leeds Metropolitan University, UK. He is an Adult Psychotherapist who works in the NHS, voluntary sector and in private...



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