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BASIC PARKOUR: BASIC PARKOUR AND FREERUNNING HANDBOOK (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. Shumona Mallick (illustrator). 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover How Easy it is For You to Start Learning Parkour and Freerunning! Basic Parkour: Basic Parkour and Freerunning Handbook will teach you all the basics you need to learn parkour. Learning Parkour is not as hard as it looks, and it is also a fun and exciting way to keep super...

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- Authored by Sam Fury
- Released at 2014



Reviews

Extremely helpful for all class of folks. It is really simplified but excitement from the 50 percent of your ebook. You wont sense monotony at at any moment of your time (that's what catalogs are for about if you check with me).

-- Prof. Zachary Pollich V

An exceptional pdf and the typeface employed was fascinating to see. Better then never, though i am quite late in start reading this one. Your daily life span will be transform as soon as you total looking at this publication.

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