



The Great Pain Deception: Faulty Medical Advice Is Making Us Worse

By Steven Ray Ozanich

Silver Cord Records, Inc. Paperback. Book Condition: New. Paperback. 392 pages. Dimensions: 8.9in. x 5.9in. x 1.0in. I recommend this book. John E. Sarno, MD There is great wisdom and clarity here. I highly recommend this book and its message. Christiane Northrup, MD Steve has done an excellent job exploring the realm of mindbody medicine, making this an excellent resource for those who are still looking for answers. Marc Sopher, MD Recipient of 2 awards in the 2012 International Book Award contest. The Great Pain Deception was awarded Runner-Up Finalist in Best New Health Book of 2012 and also honored as Finalist in Health: Alternative Medicine. Back pain, knee pain, shoulder pain, hand and foot pain, rarely come from herniated discs and joint failures. Pain, such as fibromyalgia, is a deception of the mind created by the brain to keep dark, threatening, and sad emotions from entering consciousness. The vast majority of pains and symptoms emanate from a mindbody process stemming from a personality of perfectionism. However, pain is not in the mind of the sufferer-- and is often misrepresented as such by people who reject a mindbody process for reasons of ego and monetary gain. Symptoms inside and outside of the...



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